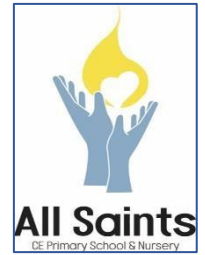


All Saints CE Primary School and Nursery

Newsletter Summer 2

June 12th 2024



Dear Families,

Welcome to this week's newsletter.

We begin our countdown to the summer holiday, although the changeable weather means that we are never quite sure what to wear. It is worth checking the forecast daily to ensure the children are wearing appropriate clothing. At the moment it is like to be wet and windy so please ensure your child brings a coat to school.

Swimming continues despite the change in temperature. The pool is beautiful and warm at 30° so the children are definitely warm whilst they are learning and having fun.

This term we are focusing on all of our school values. Stars of the week will be shared in the next newsletter.



Compassion

Curiosity

Community

Courage

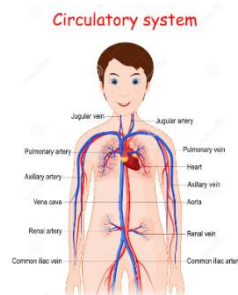
In school

This term in collective worship, we learn from what St Paul wrote in his letters to the first churches. Paul was a follower of Jesus. He wrote about joy and blessings as well as challenges which came his way.

Love patiently accepts all things. It always trusts, always hopes, and always continues strong. (1 Corinthians 13 v 7)

Today's assembly focused on how we face and look ahead to changes in our own lives. The Bible tells us that **God never changes: Hebrew 13:8**. This is linked to our school values of **Curiosity and Courage**

The Year 6 children attended Baylab last week. This free laboratory offers state of the art equipment, intriguing experiments, and the chance to use innovative ideas to solve tasks and develop solutions. The day enabled our children to make their own unique discoveries involving the 'Circulatory System' as part of their Science learning – they even made fake blood!



Bayer//UK

The **School Disco** on Friday night was successful. The children dressed up and enjoyed themselves, raising vital funds for the school. The School Council will be meeting soon to consider further ways that the school can fund raise to support their experiences in school.

Health and Well-being

How a good night's sleep promotes good learning habits

Last week was our first week back after half term and the children are feeling very tired - quite rightly too as they have worked hard all year. It is important that during this term they get plenty of uninterrupted sleep when possible.



The longer days are one of the main causes of sleep problems in children during the summer. Lighter evening can make it harder for children to get to sleep, while the earlier sunrises can wake them up before they've had enough rest. It may be worth considering black out blinds or blankets to help keep their bedrooms darker.

For some people sleeping well might not be a problem. But if you or your child are suffering from a lack of sleep, there are some simple things you can try.

Click [HERE](#) for tips from the NHS. <https://www.nhs.uk/conditions/baby/health/sleep-and-young-children/>

And [HERE](#) for tips from BBC Bitesize. <https://www.bbc.co.uk/bitesize/articles/z3kbsk7>

Please be aware of what goes in to your child's lunch box. Vast quantities of chocolate biscuits and multiple packets of crisps are creeping in. Whilst these are things that children enjoy, we ask that a balance is made so the children develop healthy eating habits and ensure the energy and nutrition they need across the day. Thankyou.

Healthy Lunch Boxes

Things we recommend for a healthy lunch box:

- A starchy, filling food – such as a sandwich, pasta, a roll, wrap, pitta or bagel.
- One portion of vegetables or salad.
- One portion of fruit.
- Dairy food such as milk, cheese, yoghurt, or fromage frais
- Protein such as meat, fish, chicken or non-dairy vegetarian sources such as eggs, beans, lentils or quorn products

Helpful tip: a portion is the amount of food that fits into the palm of your child's hand.

Suitable drinks:

- Plain water (still) – this is the best option and from the tap, costs nothing!
- Milk
- Pure fruit watered down to reduce sugar content or vegetable juice
- No added sugar squash

Be aware that if your child continually drinks full sugar juice throughout the day, particularly in summer when it is warm, it is potentially likely to have an effect on the health of your child's teeth and gums as they grow.



Dates for your diary

Date	Event	Information
Monday 10 th June – Friday 14 th June	Year 1 Phonics and Year 2 Re-takes	
Monday 17 th June to Friday 21 st	Year 6 Residential	Ensure all medicines are handed in on the 13/6
Thursday 20 th June	Year 3 Sharing Assembly	14:00 – 14:30pm
Tuesday 25 th June	Years 1 & 2 Bucklebury Farm	
Tuesday 25 th June	Travelling Book Fair	
Wednesday 26 th June	All Schools Transition Day	Details to follow
Tuesday 2 nd July Tuesday 9 th July	EYFS & KS1 Sports Day Reserve	9:30 – 11:30am 9:30 – 11:30am
Thursday 4 th July Thursday 11 th July	KS2 Sports Day Reserve	9:30 – 11:30am 9:30 – 11:30am
Friday 5 th July	PTA Summer Fair	Timing to be confirmed – after school
Tuesday 9 th July Wednesday 10 th July	Y6 Production Y6 Production	2pm start 5:30pm start
Wednesday 10 th July	Y5 Dinton Pastures Visit	Parents to provide the transport
Friday 19 th July	Year 6 Leavers Service at All Saints Church	Morning Service All welcome – details to follow

Swimming Timetable

Tuesday	Wednesday	Thursday
9:00-11:00 – Year 3 & 4	9:00-11:00 – Year 5 11:00-12:00 – Year 1	9:00-11:00 – Year 6 11:00 – 12:00 – Year 2 1:30-2:30 – Reception

<u>Summer Term 2024</u>	
Monday 27th May - Friday 31st May	Half Term (No Inset days either side)
Monday 3rd June	Term Starts
Tuesday 23rd July	End of term - 1:30pm Early finish
<u>Autumn Term 2024</u>	
Monday 2nd September	Teacher training day
Tuesday 3rd September	Teacher training day
Wednesday 4th September	Teacher training day
Thursday 5th September	Term Starts
Monday 28th October to Friday 1st November	Half term

Ms Collinson
Acting Head Teacher

'Let Your Light Shine'

Compassion Courage Community Curiosity

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